

# SWIM BIKE RUN

TRI FOR ST.AMANT - JUNE 20-28 (VIRTUAL)



TRI FOR ST.AMANT

## 6th Annual Virtual Tri for St. Amant Triathlon

Organized by Team goBert in support of St. Amant Foundation  
Sanctioned by Triathlon Manitoba

June 20 - 28, 2026

Team goBert and the Tri for St. Amant is working to creating opportunities for inclusion and independence by raising funds for the St. Amant Fulfilling Potentials Fund through the TRI for St. Amant!

The Fulfilling Potentials Fund supports St. Amant's recreation activities such as, swimming lessons, movies, crafts, music lessons, bowling and so much more for the over 5000 individuals with developmental disabilities, autism and acquired brain injuries supported by St. Amant.

**The hope is to raise \$20,000 to replenish the Fulfilling Potential Fund for 2026-2027 year.**

### What is the Tri for St. Amant?

Tri for St. Amant is a virtual triathlon that gives beginners and experienced athletes a chance to challenge themselves physically and mentally through swimming, cycling and running.

Thanks to the dedication of Team goBert your generous support of the Tri for St. Amant you are ensuring that people supported by St. Amant stay active, have fun and live their best lives.

If you would like to registered for the virtual triathlon or would like more information scan the QR code below or visit: <https://stamant.ca/events/tri-for-st-amant/>

### Try a TRI

- ✓ Challenge yourself
- ✓ Complete the triathlon in one or more days
- ✓ Raise funds for St. Amant
- ✓ Ask friends & family to join



[www.teamgobert.ca](http://www.teamgobert.ca)

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