



Athlete Award Nomination Form

145 Pacific Ave, Winnipeg MB, R3B 2Z6

Tel: (204) 925-5636

Email: triathlon@sportmanitoba.ca

Nominations must be received on this nomination form.

Nominated Award (please check one):

PERFORMANCE

- | | |
|---|--|
| ☐ Elite Athlete of the Year | ☐ Long Course Athlete of the Year |
| ☐ Junior / Youth Athlete of the Year | ☐ Rookie Athlete of the Year |
| ☐ Age Group Athlete of the Year | ☐ Most Improved Athlete of the Year |

RECOGNITION

- | | |
|--|---|
| ☐ Best Teammate | ☐ Best Achievement |
|--|---|

Please see page 2 for Athlete Award category descriptions.

Nominated Athlete: _____

Email: _____ **Gender:** _____

Nominated By: _____

Phone: _____ **Email:** _____

Please include the following information to support the nomination:

- Include at least one digital picture of the nominee - photo albums for all TriMB races can be found on the Results / Awards page of our website.
- Include the performances for all relevant competitions in the chart below (i.e. provincial, national, international). Submissions without the added information will not be considered.
- For Most Improved Athlete nominations, please also include the previous year's races.

Competition Name	Date	Location	Category	Overall Placing	Age Group Placing	Time

- Please include a separate page with any additional information that distinguishes the nominee (awards, records, and achievements, contributions to sport)



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Athlete Award category descriptions

PERFORMANCE CATEGORIES – Decided based on race results

Elite Athlete of the Year

For overall performance excellence in the Elite or Under 23 categories at the highest level of Provincial, National and International competition.

Junior / Youth Athlete of the Year

For performance excellence at the Junior or Youth level, based on Provincial, National and International competition. Junior athletes must be between 16 to 19 years of age on December 31st of the competition year. Youth athletes must be between 13-15 years of age on December 31st of the competition year.

Age Group Athlete of the Year

For overall age group performance at the highest level at Provincial races and National or International championships.

Rookie Athlete of the Year

For performance excellence in the first year of competition. Must not have previously completed more than one Sprint distance race or greater.

Most Improved Athlete of the Year

For a significant improvement in performance from the previous year. Based on race time results comparison on the same courses versus prior year as the main selection criteria, followed by overall improvement in time results and placing.

Long Course Athlete of the Year

For performance excellence in long course competition, based on Provincial, National and International competition. Must complete at least two races greater than the Olympic distance, of which one event is sanctioned by Triathlon Manitoba.

RECOGNITION CATEGORIES – Decided on more subjective criteria

Teammate of the Year

For the athlete who's by your side, to keep everyone motivated, encouraged and supported through training and at events. Simply put, this is an award for the person who makes every swim, ride, run or race a better experience for those around them.

Best Personal Achievement

For an athlete who's had an outstanding year without necessarily being at the top of the results sheet. This award is intended to celebrate an athlete's dedication throughout the training and racing season.