



Race Results

RACE #1 – MAY 5, 2015

BirdshillDuathlon.com / WinnipegTriathlon.com

Weather: 18°C, Participants: 121

Adult Short Duathlon – 2Km run + 13Km bike + 2Km run

Male 12-15 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Carson Cortvriendt	Youth Team	39:52	6:54	25:56	32:49	7:03
2	Jack Healey	Youth Team	40:21	7:16	25:23	32:38	7:43
3	Tristan Wiebe	Tri MB	40:35	7:20	25:32	32:51	7:44
4	Keagan Kantimer	Youth Team	40:48	7:05	26:06	33:10	7:39
5	Christopher Barkwell	Youth Team	43:33	7:45	27:33	35:17	8:16
6	Raffy Maramag	Sulong	46:29	7:49	30:18	38:06	8:24

Male 16-19 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Quinn Desrochers		35:12	6:04	22:49	28:52	6:20
2	Lucas Roy	Tri MB	37:21	6:44	23:33	30:16	7:06
3	Corey Arsenault	MNTC	37:25	6:42	23:27	30:08	7:18
4	Bryce Jenkins	Tri MB	37:58	6:47	23:57	30:43	7:15
5	Quinton Gowler	Tri MB	43:54	7:47	27:41	35:27	8:27
6	Ben Fransoo	T3	1:01:10	7:24	45:39	53:03	8:07

Male 20-29 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Josh Guenther	Tri MB	36:32	6:31	23:15	29:46	6:46
2	Grant Warkentin	Tri MB	39:49	7:55	24:17	32:11	7:39
3	Matthew Tessier	Tri MB	41:02	7:07	26:26	33:32	7:30
4	Shawn Wickens	Tri MB	46:13	8:16	28:38	36:53	9:20
5	Zane McCuen	Tri MB	46:13	8:31	28:31	37:02	9:12
6	Kurtis Dyck	Tri MB	47:04	8:47	29:06	37:53	9:12

Male 30-39 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Paul Simpson	Tri MB	43:03	8:54	25:16	34:10	8:54
2	Chris Kozakowski	Tri MB	43:32	7:49	27:46	35:34	7:59
3	Craig Bennett	Triple Threat	44:33	8:37	27:01	35:38	8:56
4	Jules Van De Velde	Triple Threat	45:21	9:09	26:18	35:26	9:55
5	Daryl Perry	Tri MB	45:47	9:14	27:52	37:06	8:42

6	Jeremy Stevens	Tri MB	48:42	9:23	29:49	39:12	9:30
7	Jesse Singer	Tri MB	49:31	9:39	30:57	40:35	8:57
8	Tim Kardal	Tri MB	56:13	9:45	36:28	46:13	10:00

Male 40-49 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Dan McCaughan	TriFactor	40:03	7:31	24:56	32:26	7:37
2	David Van Heyst	Tri MB	45:11	8:45	26:52	35:36	9:35
3	Scott Schriemer	Tri MB	45:23	8:29	27:47	36:16	9:07
4	Kevin Wolk	Triple Threat	45:26	8:34	28:03	36:36	8:50
5	Marco McDonald	Tri MB	45:51	8:17	29:01	37:18	8:34
6	Kyle Blaquiere	Tri MB	47:10	10:41	27:54	38:34	8:37
7	Donald Miller	Tri MB	48:52	9:02	29:41	38:43	10:10
8	Randy Geonanga	Tri MB	50:57	8:53	32:57	41:49	9:08
9	Alan Neumann	Tri MB	53:03	10:39	30:46	41:25	11:39
10	Mervin Maramag	Sulong	53:16	10:39	30:39	41:17	11:59
11	Bill Anderson	Tri MB	56:44	10:04	34:37	44:41	12:03
12	Warren Sigfusson	Tri MB	1:12:00	14:27	41:05	55:32	16:28

Male 50-59 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Scott Gibbons	Tri MB	40:31	7:14	25:37	32:50	7:42
2	Jim Wernham	Triple Threat	44:59	9:00	26:25	35:25	9:35
3	Pierre Dupuis	Tri MB	47:24	9:08	28:26	37:33	9:51
4	Brian Larson	Tri MB	47:28	9:28	27:52	37:19	10:09
5	David Peterkin	Tri MB	51:50	10:18	31:22	41:39	10:11
6	George Barnes	T3	53:26	10:42	31:14	41:55	11:31
7	Sam Neis	Tri MB	1:05:20	14:25	35:58	50:23	14:58
8	Johanne Robichand	Tri MB		12:50	46:51	59:41	

Male 60-69 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Bob Groff	Tri MB	51:41	11:29	29:00	40:28	11:13

Male 70-79 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Jim Anderson	Tri MB	54:19	11:33	31:05	42:37	11:42

Female 11 & Under Category Results

Rank	Name	Club	Time	Run 1	Bike	Run+Bike	Run2
1	Jade Anderson	Tri MB	50:55	8:59	32:01	40:59	9:56

Female 12-15 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Payton Ryz	MNTC	37:42	6:55	23:51	30:46	6:57
2	Caitlyn Roy	MNTC	39:40	7:20	24:46	32:06	7:34
3	Morgan Ott	MNTC	41:53	7:53	25:58	33:50	8:03
4	Claire Healey	Tri MB	44:37	7:56	28:15	36:11	8:27
5	Elora Gibbons	Youth Team	45:48	8:06	29:10	37:15	8:33
6	Tess Derksen	Tri MB	47:18	9:01	28:54	37:55	9:24
7	Megan Vanheyst	Youth Team	48:17	8:40	29:23	38:03	10:14

Female 16-19 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Madeleine Dupuis	Youth Team	40:37	7:57	24:31	32:27	8:10

Female 20-29 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Ariane Morissette	Tri MB	46:41	9:11	28:16	37:27	9:15
2	Amanda Husson	Tri MB	51:33	9:03	32:33	41:35	9:58
3	Erin Rafferty	TriFactor	52:37	11:06	30:26	41:32	11:06
4	Laura Meade	Tri MB	54:12	9:45	33:53	43:38	10:35

Female 30-39 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Crystal Kirby-Peloquin	Tri MB	43:35	8:11	27:24	35:34	8:01
2	Jenny Hall	WTC	47:49	9:37	28:08	37:44	10:06
3	Kelsey Giesbrecht	T3	53:26	10:21	31:51	42:12	11:15
4	Evelyn Yeung	Tri MB	56:32	11:58	32:35	44:32	12:00
5	Jennifer Cottes White	WTC	57:39	11:14	34:55	46:09	11:31

Female 40-49 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Sherry Penner	Tri MB	45:05	8:53	27:45	36:38	8:28
2	Debbie Ravestain	Tri MB	48:30	9:25	28:36	38:01	10:30
3	Marie-Claude McDonald	Tri MB	49:21	9:41	30:13	39:54	9:28
4	Cara Brown	Tri MB	53:01	10:00	33:36	43:36	9:25
5	Wendy Sauer	Tri MB	53:54	11:42	31:02	42:43	11:11
6	Tima Faria	Tri MB	55:56	11:12	32:46	43:57	11:59
7	Jacqueline Neumann	Tri MB	59:09	11:47	34:38	46:24	12:45
8	Bonnie McKissock	T3	1:01:02	12:59	34:43	47:42	13:20
9	Sheila McNiel	Tri MB	1:02:34	12:33	38:36	51:09	11:26

10	Stacey Schneider	Tri MB	1:03:54	11:56	39:16	51:12	12:43
11	Lisa Frick	Tri MB	1:06:02	12:33	41:57	54:30	11:33
12	Debbie Johnson		1:11:54	14:23	42:08	56:30	15:24

Female 50-59 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Kim Gusdal	Triple Threat	44:16	8:43	26:27	35:09	9:07
2	Marlene Naylor	Tri MB	45:44	8:41	27:57	36:37	9:07
3	Edwina Keats	WTC	47:12	9:18	29:07	38:25	8:48
4	Tammy McBain	Tri MB	51:06	10:14	30:35	40:48	10:18
5	Kim Ross	Tri MB	53:06	10:37	31:47	42:24	10:43
6	Debbie Barnes	T3	56:02	12:56	30:04	43:00	13:03
7	Jocelyne Leeblanc	Tri MB	1:01:57	12:51	38:37	51:28	10:30
8	Donna Collins	WTC	1:02:10	12:48	36:29	49:17	12:53

Female 60-69 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Nicole Mercier	Tri MB	52:51	11:35	30:38	42:13	10:39
2	Sandra Schettler	Tribalistic	1:17:36	16:41	42:59	59:40	17:57

Adult Long Duathlon – 4Km run + 24Km bike + 4Km run

Male 20-29 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Michael Van Ve Velde	Tri MB	1:19:47	16:14	45:59	1:02:12	17:35
2	Cameron Krisko	WTC	1:22:57	15:24	50:20	1:05:43	17:14
3	Benjamin Reiter	Triple Threat	1:29:48	18:51	52:33	1:11:23	18:25

Male 30-39 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Super Dave Lipchen	Tri MB	1:10:45	13:37	42:14	55:51	14:55
2	Norman Garcia	Sulong	1:33:49	20:07	52:08	1:12:15	21:34
3	Matt Dyce	Tri MB		15:43			

Male 40-49 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Craig Erb	T3	1:19:28	16:12	46:00	1:02:12	17:16
2	Ryan McBride	Tri MB	1:24:37	17:56	47:44	1:05:40	18:58
3	Zigor Apraiz	Tri MB		20:00			

Male 50-59 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	David Gerrard	WTC	1:15:11	15:53	43:01	58:53	16:18
2	Eric Martinat	WTC	1:21:19	16:59	45:58	1:02:56	18:24
3	Dennis Engel	Tribalistic	1:21:53	18:01	45:07	1:03:07	18:46
4	Wayne King		1:26:13	17:43	49:49	1:07:32	18:41
5	Randall Holm	Tri MB	1:31:36	19:44	50:13	1:09:57	21:40

Male 60-69 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Sheldon Reynolds	Tri MB	1:16:35	15:22	45:10	1:00:32	16:04

Female 40-49 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Cynthia Menzies	WTC	1:23:58	17:25	48:59	1:06:24	17:34
2	Lisa Penner		1:26:26	18:06	49:46	1:07:52	18:34

Female 50-59 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Robyn Dicesare	WTC	1:32:21	19:01	54:04	1:13:05	19:16

KOS Short Duathlon – 200m run + 2Km bike + 200m run

Male 7-9 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	River Weibe	Tri MB	9:46	0:48	6:39	7:26	2:21
2	Aedon Doupe-Ducharme	Tri MB	10:06	0:45	6:39	7:23	2:43
3	Alec Wallace	Tri MB	10:08	0:45	7:08	7:52	2:16
4	Darius Schriemer	Tri MB	10:08	0:36	7:26	8:02	2:06
5	Josh Carlson	Tri MB	10:29	0:48	7:17	8:05	2:25
6	Cody Bayles	Tri MB	10:50	0:41	8:11	8:51	2:00
7	Avery Anderson	Tri MB	10:51	0:37	7:44	8:21	2:31
8	Adam Frick	Tri MB	12:04	0:42	9:27	10:09	1:56
9	Owen Poettcker	Tri MB	12:31	0:48	8:39	9:27	3:05
10	Cody Gable	Tri MB			0:41		

Male 10-11 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Matthew Laden	Tri MB	7:51	0:33	5:37	6:09	1:42
2	Josh Gable	Tri MB	8:22	0:35	5:56	6:30	1:52
3	Max Vanheyst	Tri MB	8:32	0:42	5:48	6:30	2:03
4	Hunter Schriemer	Tri MB	8:57	0:38	6:09	6:46	2:11
5	Darin Schriemer	Tri MB	9:23	0:35	6:30	7:04	2:19
6	Caleb Moore	Tri MB	11:40	0:40	8:28	9:08	2:33

Female 7-9 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Rhyann Miller	Tri MB	10:10	0:45	7:24	8:09	2:02
2	Rylee Kardal	Tri MB	10:51	0:37	8:25	9:01	1:50
3	Alexandra Pangman	Tri MB	10:57	0:44	8:18	9:02	1:56
4	Emma Ross	Tri MB	11:46	0:43	8:37	9:19	2:27

Female 10-11 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Catherine Sippola	Tri MB	12:19	0:43	8:42	9:25	2:55

KOS Long Duathlon – 400m run + 13Km bike + 2K run

Male 12-13 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Nathan Dupuis	Youth Team	40:59	2:25	30:13	32:37	8:22
2	Isaac Thomson	Tri MB	41:23	2:23	30:10	32:33	8:50
3	Sheldon Ballegeer	Tri MB	43:06	2:27	30:16	32:43	10:24
4	Anthony Jacob	Tri MB	45:45	2:33	33:43	36:15	9:31
5	Unai Apraiz	Tri MB	47:03	2:27	34:51	37:18	9:46

Male 14-15 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Nolan Desrochers	Tri MB	37:14	2:12	26:36	28:48	8:26

Female 12-13 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Kailyn Kardal	Tri MB	1:11:16	2:49	49:18	52:06	19:10

Female 14-15 Category Results

Rank	Name	Club	Time	Run1	Bike	Run+Bike	Run2
1	Karol Velandia	Tri MB	46:59	2:37	34:41	37:18	9:42

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact Mario Bento at mario.a.bento@gmail.com
- Please see BirdsHillDuathlon.com for information about the series and series' points totals

Thanks to:

- Race organizers: Mario Bento (Race Director) & Winnipeg Triathlon Club
- Sponsors: Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio
- Officials: Deb Hnatiw (Head Referee), Clif Donaldson & Kate Okany
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- Official Race Truck: Murray Chevrolet Hummer

