



Race Results

RACE #2 – MAY 12, 2015

BirdshillDuathlon.com / WinnipegTriathlon.com

Weather: 14°C, Participants: 173

Adult Short Duathlon – 2Km run + 13Km bike + 2Km run

Male 12-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Keegan Kantimer	Youth Team	38:48	7:04	24:39	31:43	7:05
2	Tristan Wiebe	Youth Team	39:34	7:22	24:40	32:02	7:32
3	Carson Cortvriendt	Youth Team	39:46	6:59	25:51	32:49	6:57
4	Christopher Barkwell	Youth Team	41:01	7:33	25:42	33:15	7:47
5	Jack Healey	Youth Team	41:01	7:25	26:01	33:25	7:37

Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Darian Hole	MNTC	32:55	5:55	20:56	26:51	6:05
2	Quinn Desrochers	Tri MB	34:16	5:56	21:57	27:53	6:23
3	Lucas Roy	Tri MB	36:33	6:39	23:04	29:42	6:51
4	Corey Arsenault	MNTC	37:34	6:40	23:05	29:44	7:50
5	Bryce Jenkins	Tri MB	37:39	6:42	23:55	30:37	7:02
6	Noah Wiens	Tri MB	38:27	6:39	24:42	31:20	7:07
7	Conor McGovern	Tri MB	38:39	6:24	25:58	32:21	6:18
8	Ben Fransoo	T3	39:01	7:08	24:15	31:23	7:38

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Josh Guenther	Tri MB	37:06	6:22	24:00	30:21	6:45
2	Matthew Tessier	Tri MB	39:43	6:36	25:46	32:21	7:23
3	Lennon Stevens	Tri MB	40:25	7:36	25:39	33:15	7:11
4	Greg Wernham	Triple Threat	42:46	7:34	27:29	35:03	7:44
5	Kurtis Dyck	Tri MB	46:15	8:53	28:43	37:36	8:40
6	Leigh Fischer	Tri MB	50:40	10:58	28:29	39:27	11:13

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Paul Simpson	Tri MB	41:16	8:34	24:17	32:50	8:27
2	Chris Kozakowski	Tri MB	42:32	7:45	26:43	34:28	8:04
3	Craig Bennett	Triple Threat	43:27	8:40	26:46	35:26	8:01
4	Daryl Perry	Tri MB	43:39	8:22	26:39	35:01	8:39
5	Jules Van De Velde	Triple Threat	44:43	9:03	26:52	35:54	8:49

6	Matt Wieler	WTC	46:09	8:45	28:14	36:59	9:10
7	Tim Kardal	Tri MB	51:52	9:11	32:54	42:05	9:48
8	Matthew Sodomsy	Tri MB	52:41	10:16	31:30	41:46	10:55

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Dan McCavghan	TriFactor	38:50	7:20	24:09	31:29	7:22
2	Grant McMillan	Tri MB	40:03	7:31	24:28	31:58	8:05
3	Daren Neumann	Tri MB	41:40	7:49	26:08	33:57	7:43
4	Corrado D'Antonio	WTC	44:05	7:56	27:18	35:14	8:51
5	Scott Schriemer	Tri MB	44:10	8:01	27:31	35:31	8:39
6	Craig Stephen	WTC	44:36	8:58	26:38	35:36	9:01
7	Kyle Blaquiere	Tri MB	45:23	9:21	27:44	37:05	8:19
8	Marco McDonald	Tri MB	46:22	8:17	30:13	38:29	7:53
9	Robert Vj Smith	Tri MB	47:42	9:39	28:08	37:47	9:55
10	Bill Anderson	WTC	52:26	9:47	32:06	41:52	10:34
11	Alan Neumann	Tri MB	53:04	10:37	30:50	41:27	11:38
12	Kevin Hope	Tri MB	57:45	11:54	34:18	46:11	11:34
13	Ramaswamy Ramachandran	Tri MB	1:02:02	8:29	42:20	50:48	11:15
14	Eduardo Habacon	Sulong	1:04:11	12:52	37:40	50:32	13:40
15	Warren Sigfusson	WTC	1:07:13	14:06	38:14	52:20	14:54

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Jim Simm	Tribalistic	38:40	7:41	22:46	30:27	8:14
2	Murray Vandepont	Tri MB	41:58	8:13	25:35	33:48	8:11
3	Robert Smith	Tri MB	43:52	8:57	25:03	34:00	9:53
4	Jim Wernham	Triple Threat	44:09	8:37	26:33	35:10	8:59
5	Brian Larson	Tri MB	45:25	9:02	27:09	36:11	9:14
6	Pierre Dupuis	Tri MB	46:21	8:52	27:34	36:26	9:55
7	Rob Grantham	Tri MB	46:35	9:14	28:10	37:23	9:12
8	David Markham	Tri MB	49:14	9:45	29:24	39:08	10:06
9	David Peterkin	Tri MB	50:15	9:28	31:04	40:32	9:44
10	Rick Duha	Tri MB	50:37	10:36	29:17	39:52	10:45
11	Robert Bisson	Tri MB	50:52	9:23	31:47	41:09	9:43
12	George Barnes	T3	52:24	10:11	31:42	41:52	10:32

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Al Stewart	Tri MB	43:23	8:33	25:50	34:22	9:02
2	Bob Groff	Tri MB	49:27	10:47	28:02	38:49	10:38

Male 70-79 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Jim Anderson	Tri MB	54:51	11:25	31:54	43:19	11:33

Female Under 12 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Jade Anderon	Tri MB	48:54	8:30	31:25	39:55	8:59

Female 12-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Payton Ryz	MNTC	37:16	6:45	23:49	30:33	6:44
2	Caitlyn Roy	MNTC	38:35	7:16	23:55	31:10	7:25
3	Morgan Ott	MNTC	39:49	7:38	24:14	31:51	7:59
4	Claire Healey	Youth Team	44:06	7:44	28:14	35:57	8:09
5	Tess Derksen	Tri MB	46:47	8:30	29:03	37:32	9:15
6	Sarah Rach	Tri MB	47:13	8:31	29:41	38:11	9:02
7	Megan Vanheyst	Youth Team	47:37	8:29	29:23	37:52	9:46

Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Kyla Roy	MNTC	36:46	6:43	23:09	29:51	6:55
2	Ashlyn Cortvriendt	MNTC	40:33	7:16	25:44	33:00	7:33
3	Madeleine Dupuis	Youth Team	40:36	7:44	24:28	32:12	8:24
4	Emily Unger	Tri MB	42:25	7:43	26:17	34:00	8:25
5	Mhari Anthony	Tri MB	54:27	11:06	33:04	44:09	10:18

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Kaitlyn Wiens	Tri MB	45:24	8:35	27:51	36:25	8:59
2	Marla Haring	Tri MB	46:27	8:56	27:59	36:54	9:33
3	Ariane Morissette	Tri MB	47:40	8:51	28:19	37:10	10:30
4	Jen Goertzen	Tri MB	52:11	10:32	31:22	41:53	10:19
5	Erin Rafferty	TriFactor	52:28	10:31	30:59	41:30	10:58

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Jennifer Finateri	Tri MB	44:42	8:33	27:54	36:27	8:16
2	Jenny Hall	Tribalistic	47:05	9:19	27:49	37:07	9:58
3	Kelsey Giesbrecht	T3	51:57	9:59	30:59	40:57	11:00
4	Evelyn Yeung	Tri MB	54:36	11:57	31:27	43:23	11:13
5	Courtne McInnes	Tri MB	58:05	12:20	33:32	45:51	12:14
6	Jen Onyska-Marus	Tri MB	1:00:17	16:08	33:09	49:17	11:01
7	Stacy Gosman	Tri MB	1:03:19	13:20	35:45	49:05	14:15

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Anne Barkman	Tri MB	45:44	9:00	27:47	36:47	8:57
2	Melody Balane	WTC	46:29	8:47	28:51	37:38	8:51
3	Debbie Ravestein	Tri MB	49:03	9:27	29:59	39:25	9:38
4	Lesley Ball	TriFactor	50:01	10:04	30:00	40:04	9:57
5	Marie-Claude McDonald	Tri MB	50:48	9:34	31:55	41:29	9:19
6	Sandi Goertzen	Triple Threat	51:15	11:03	29:17	40:19	10:57
7	Kris Driedger	Tri MB	52:23	9:44	32:48	42:32	9:51
8	Sheila McNeil	Tri MB	57:23	11:04	35:05	46:09	11:15
9	Jacqueline Neumann	Tri MB	57:30	11:31	34:18	45:49	11:41
10	Bonnie McKissock	T3	58:17	12:25	33:25	45:49	12:28
11	Kristen Verin-Treusch	Tri MB	59:51	12:14	33:13	45:26	14:25
12	Janelle McLeod	Tri MB	1:01:11	12:13	38:33	50:45	10:27

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Kim Gusdal	Triple Threat	43:31	8:44	26:02	34:45	8:47
2	Marlene Naylor	Tribalistic	45:52	8:38	28:24	37:01	8:51
3	Edwina Keats	WTC	48:59	9:00	31:22	40:21	8:38
4	Penny Cabernel	Tri MB	52:19	10:43	31:47	42:30	9:50
5	Kim Ross	Tri MB	52:23	10:28	31:43	42:11	10:13
6	Sandy Mulder	Tri MB	52:37	10:08	32:35	42:43	9:55
7	Debbie Barnes	T3	54:56	12:39	29:26	42:05	12:52
8	Bev Rehill	WTC	56:43	11:00	35:04	46:04	10:40
9	Rodica Dragomir	Tri MB	58:50	10:19	37:56	48:15	10:35

Female 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Nicole Mercier	Tri MB	50:25	10:44	29:37	40:21	10:05
2	Sandra Schettler	Tribalistic	1:20:57	19:48	39:56	59:43	21:15

Adult Long Duathlon – 4Km run + 24Km bike + 4Km run

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Grant Warkentin	Tri MB	1:15:03	15:35	43:24	58:58	16:05
2	Michael Van De Velde	Tri MB	1:17:31	15:50	44:56	1:00:46	16:45
3	Cameron Krisko	WTC	1:19:36	15:08	48:44	1:03:52	15:45

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Matt McLean	Tri MB	1:09:20	13:37	41:35	55:12	14:09
2	John Power	Trifactor	1:11:36	13:37	44:15	57:51	13:46
3	Matt Dyce	Tri MB	1:13:32	15:07	42:36	57:43	15:49
4	Norman Garcia	Sulong	1:32:13	19:39	53:10	1:12:48	19:25
5	Mark James	Tri MB	1:36:45	17:21	1:00:52	1:18:13	18:32
6	Sebastian Czigler	Tri MB	2:00:01	25:35	1:00:30	1:26:05	33:56

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Justin Rempel	Tri MB	1:09:44	14:08	40:57	55:05	14:39
2	Francois Legoupil	Tribalistic	1:12:27	14:57	41:39	56:35	15:52
3	Craig Erb	T3	1:17:41	15:28	45:33	1:01:00	16:41
4	Ryan McBride	Tri MB	1:22:57	17:29	46:59	1:04:28	18:29
5	Robert Duncan	Tri MB	1:23:32	17:49	45:49	1:03:38	19:55
6	Brian Thiessen	Tri MB	1:25:08	18:11	47:19	1:05:30	19:38
7	Craig White	WTC	1:30:39	19:00	52:30	1:11:30	19:10

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	David Gerrard	WTC	1:14:06	15:41	42:40	58:21	15:46
2	Eric Martinat	WTC	1:18:33	16:44	44:03	1:00:47	17:47
3	Dennis Engel	Tribalistic	1:22:10	18:16	44:48	1:03:03	19:07
4	Kevin Miller	Triple Threat	1:24:04	17:50	48:28	1:06:18	17:47
5	Brian Clark	WTC	1:28:02	18:46	49:02	1:07:47	20:15
6	Pascal Gariepy	T3	1:31:31	18:04	51:46	1:09:49	21:42

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Sheldon Reynolds	Tri MB	1:15:41	14:56	45:02	59:58	15:44
2	Patrick McGarry	Tri MB	1:32:23	19:58	52:29	1:12:26	19:57

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Heather McDonell	Triple Threat	1:21:30	16:22	48:33	1:04:55	16:35

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Cynthia Menzies	WTC	1:22:58	17:15	48:31	1:05:46	17:13
2	Carolyn Rempel	Tri MB	1:33:09	17:15	57:52	1:15:06	18:03

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Robyn Dicesare	WTC	1:28:22	18:28	51:30	1:09:58	18:24

KOS Short Duathlon – 200m run + 2Km bike + 200m run

Male 7-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bik	Run2
1	Nicholas Carlson	Tri MB	8:38	0:32	6:26	6:58	1:40
2	River Wiebe	Tri MB	9:37	0:44	6:56	7:40	1:57
3	Darius Schriemer	Tri MB	9:41	0:37	7:16	7:52	1:49
4	Colton Verrier	Tri MB	9:58	0:40	8:52	9:31	0:27
5	Alec Wallace	Tri MB	10:07	0:42	7:23	8:05	2:03
6	Cody Gable	Tri MB	10:22	0:41	8:07	8:48	1:35
7	Richard McPherson	Tri MB	11:51	0:45	8:57	9:42	2:09
8	Xander Bourgeois	Tri MB	12:52	0:39	9:47	10:25	2:27

Male 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Matthew Laden	Tri MB	7:25	0:30	5:31	6:01	1:25
2	Carter Osiowy	Tri MB	7:32	0:48	6:35	7:23	0:10
3	Benjamin Szwajcer	Youth Team	7:48	0:31	5:29	6:00	1:49
4	Josh Gable	Tri MB	8:07	0:32	6:04	6:36	1:32
5	Hunter Schriemer	Tri MB	8:11	0:36	5:53	6:29	1:42
6	Lance Verrier	Tri MB	8:15	0:37	5:59	6:36	1:40
7	Damian Schriemer	Tri MB	8:37	0:35	6:23	6:57	1:41
8	Max Rempel	Tri MB	9:42	0:43	7:01	7:43	2:00
9	Ethan Ott	Tri MB	9:47	0:39	7:29	8:07	1:41
10	Josh Carlson	Tri MB	10:41	0:47	7:59	8:46	1:56
11	Caleb Moore	Tri MB	10:52	0:38	8:30	9:08	1:44
12	Kyle Offenloch	Tri MB	11:08	0:46	8:19	9:05	2:03
13	Matthew Wyatt	Tri MB	11:20	0:43	8:39	9:21	2:00
14	Riley Klassen	Tri MB	11:45	0:46	9:03	9:48	1:58
15	Kelden Lysak	Tri MB	12:51	0:46	9:58	10:43	2:08

Female 7-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Taylor Lind	Tri MB	7:32	0:36	6:49	7:24	0:09
2	Rhyann Miller	Tri MB	9:51	0:45	7:23	8:07	1:44
3	Avery Anderson	Tri MB	10:09	0:37	7:18	7:55	2:15

4	Alexandra Pangman	Tri MB	10:33	0:42	8:09	8:51	1:43
5	Rylee Kardal	Tri MB	10:46	0:37	8:40	9:16	1:30
6	Camryn Falloon	Tri MB	11:17	0:44	8:33	9:17	2:00
7	Addison Wildeman	Tri MB	12:09	0:44	9:17	10:00	2:09
8	Caitlyn Shaw	Tri MB	12:34	0:48	9:53	10:41	1:54

Female 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Amber Vachon	Tri MB	10:37	0:44	7:52	8:35	2:03
2	Mia Ammazzini	Tri MB	10:49	0:40	8:10	8:49	2:00
3	Caydence Simpson	Tri MB	11:05	0:47	8:01	8:47	2:18
4	Ashlee Vachon	Tri MB	12:25	0:48	9:51	10:38	1:47

KOS Long Duathlon – 400m run + 13Km bike + 2K run

Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Isaac Thomson	Tri MB	41:14	1:28	30:05	31:32	9:43
2	Sheldon Ballegeer	Tri MB	43:03	1:35	31:49	33:24	9:39
3	Anthony Jacob	Tri MB	44:48	1:32	34:02	35:34	9:15
4	Unai Apraiz	Tri MB	47:01	1:31	35:46	37:17	9:45

Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+bike	Run2
1	Annika Niblock	Youth Team	41:36	1:33	31:59	33:32	8:05
2	Megan Ballegeer	Tri MB	52:15	1:47	36:33	38:20	13:56
3	Kailyn Kardal	Tri MB	1:01:56	1:34	47:52	49:26	12:31

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact Mario Bento at mario.a.bento@gmail.com
- Please see BirdsHillDuathlon.com for information about the series and series' points totals

Thanks to:

- Race organizers: Mario Bento (Race Director) & Winnipeg Triathlon Club
- Sponsors: Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio
- Officials: Deb Hnatiw (Head Referee), Clif Donaldson, Cathy Cortvriendt & Dina Drabyk
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- Official Race Truck: Murray Chevrolet Hummer

