



# Race Results

## RACE #1 – MAY 10, 2016

[BirdsHillDuathlon.com](http://BirdsHillDuathlon.com) / [WinnipegTriathlon.com](http://WinnipegTriathlon.com)

Weather: 12°C, Cloudy, 6km/h East Wind, Participants: 95

### Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

#### Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Quinn Desrochers	MTC	34:06	6:02	21:48	27:50	6:16	50
2	Ryan Tran	Tri MB	42:51	6:53	28:19	35:11	7:41	40

#### Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Matthew Tessier	Tri MB	38:59	7:26	24:49	32:15	6:45	50

#### Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Stephane Lacroix	WTC	39:34	7:12	24:56	32:08	7:27	50
2	Chris Woods	Tri MB	44:29	7:55	29:06	37:00	7:29	

#### Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Marc Fournier	Tribalistic	36:48	7:13	22:10	29:22	7:26	50
2	Jason Howden	Tri MB	40:08	8:28	23:01	31:29	8:40	40
3	Scott Schriemer	WTC	42:58	8:28	25:25	33:53	9:06	31
4	Chris Kozakowski	Tri MB	43:57	7:06	28:23	35:28	8:29	23
5	Jason McNicholl	Tri MB	44:13	8:23	27:40	36:02	8:11	16
6	Gord Buhr	Tri MB	45:06	8:27	26:22	34:49	10:18	
7	Dave Vanheyst	Tri MB	45:41	9:38	26:33	36:11	9:30	
8	Marco McDonald	WTC	47:12	7:50	31:16	39:05	8:07	
9	Bill Anderson	Tri MB	51:14	9:55	30:23	40:18	10:57	
10	Randy Kenning	Tri MB	53:29	10:45	31:52	42:37	10:52	
11	Kevin Hope	Tri MB	54:29	11:17	31:56	43:13	11:16	

#### Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Scott Gibbons	Tri MB	40:15	7:08	25:40	32:48	7:28	50
2	David Markham	Triple Threat	47:35	9:17	28:05	37:22	10:14	40
3	George Barnes	T3	50:58	9:48	30:42	40:29	10:29	31
4	Sam Neis	Tri MB	56:45	12:37	32:43	45:20	11:25	23
5	Chris Kjeaar	Tri MB	1:09:49	12:44	43:45	56:29	13:21	16

### Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	John Sawchuk	Tri MB	46:16	9:35	27:56	37:31	8:45	50

### Male 70-79 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bob Groff	Tri MB	50:28	11:05	28:27	39:32	10:56	50

### Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Payton Ryz	Tri MB	36:56	6:49	23:19	30:08	6:48	50
2	Claire Healey	Tri MB	37:58	7:13	23:08	30:20	7:38	40

### Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Ariane Morissette	Tri MB	42:59	8:00	26:57	34:56	8:03	50
2	Erin Rafferty	TriFactor	54:00	11:15	31:04	42:18	11:43	40

### Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jennifer Finateri	Tri MB	43:30	8:05	27:35	35:40	7:50	50
2	Joanne Schiewe	Tribalistic	44:49	8:44	26:43	35:26	9:23	40
3	Evelyn Yeung	Tri MB	53:56	11:30	31:18	42:48	11:09	31
4	Anne Turner	Tri MB	56:38	10:34	35:47	46:21	10:17	23
5	Bonny Normand	Tri MB	1:02:54	10:43	41:02	51:45	11:09	16

### Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Christa Rush	Tri MB	41:38	8:24	24:44	33:08	8:31	50
2	Danielle McKinnon	Tri MB	46:26	8:25	29:11	37:36	8:51	40
3	Kris Driedger	WTC	50:28	9:51	30:17	40:08	10:21	31
4	Joanne Sanders	Tri MB	50:32	9:58	31:00	40:57	9:35	23
5	Marie-Claude McDonald	Tri MB	52:12	9:50	32:04	41:54	10:19	16
6	Kathy Malkoske	Tri MB	52:27	9:53	32:12	42:04	10:23	
7	Laurie Kirkwood	Tri MB	56:44	10:39	35:32	46:10	10:35	
8	Tima Faria	Tri MB	59:04	11:09	36:22	47:30	11:34	
9	Deb Johnson	Tri MB		13:06				

### Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Debbie Barnes	T3	53:37	12:02	29:56	41:58	11:39	50
2	Margo Boak	Tri MB	59:04	11:09	36:22	47:31	11:33	40
3	Shannon Kjeaar	Tri MB	1:09:48	12:44	43:45	56:28	13:20	31

### Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

#### Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Cameron Krisko	WTC	1:23:52	15:44	51:02	1:06:46	17:06	50
2	Trevor Pilgrim	T3	1:30:08	15:54	53:44	1:09:38	20:31	40
3	Jeff van Rosmalen	WTC	1:33:50	13:12	1:07:05	1:20:17	13:34	31
4	Stephen McCormick	Tri MB	1:37:47	18:44	58:09	1:16:53	20:55	23

#### Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Murray Carter	Tri MB	1:10:42	13:29	43:09	56:37	14:06	50
2	Lance Tremaine	Tri MB	1:11:46	14:57	41:10	56:06	15:41	40
3	Kevin Penner	Tri MB	1:19:41	15:10	48:13	1:03:22	16:20	31
4	Paul Simpson	Tri MB	1:21:35	17:45	44:25	1:02:10	19:26	23
5	Wystan Celestino	Sulong	1:26:02	18:36	47:58	1:06:34	19:29	16
6	Mark James	Tri MB	1:31:55	18:20	54:29	1:12:48	19:08	

#### Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Craig Erb	T3	1:14:20	15:30	42:13	57:43	16:38	50
2	Dwayne Wheeler	Tribalistic	1:17:40	16:31	45:11	1:01:42	15:58	40
3	Stephane Regis	Tri MB	1:19:16	17:32	42:30	1:00:02	19:15	31
4	Brad Seigmiller	Tri MB	1:22:22	15:47	50:54	1:06:40	15:42	23
5	Ryan McBride	Tri MB	1:28:02	18:05	49:04	1:07:08	20:54	16

#### Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Carl Rohringer	Tri MB	1:19:35	17:52	43:39	1:01:30	18:06	50
2	Randall Holm	Tri MB	1:30:25	19:27	50:25	1:09:52	20:34	40
3	Pascal Garipey	T3	1:32:08	17:18	56:12	1:13:29	18:39	31

### Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kelby Loeppky	WTC	1:31:10	18:33	54:04	1:12:36	18:34	50

### Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Heather McDonell	Triple Threat	1:18:59	16:13	46:31	1:02:44	16:15	50

### Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Stacey Finch	TriFactor	1:27:43	17:48	52:19	1:10:07	17:36	50

### Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Robyn Dicesare	WTC	1:28:23	18:22	51:33	1:09:54	18:29	50
2	Edwina Keats	Triple Threat	1:31:52	17:28	56:48	1:14:16	17:36	40
3	Sandi Goertzen	Triple Threat	1:49:18	24:49	59:27	1:24:15	25:03	31

### Female 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Donna Clem	Tri MB	1:49:26	21:52	1:05:37	1:27:29	21:58	50

## KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

### Male 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Darius Schriemer	WTC	9:31	0:31	6:18	6:49	2:42	50
2	Nolan Kozakowski	Tri MB	10:44	0:43	7:26	8:08	2:36	40
3	Joseph Ovid	Tri MB	13:438	--	--	--	--	

*\*Chip time error, final time based on video finish*

### Male 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Max Vanheyst	Tri MB	8:33	0:33	5:36	6:08	2:25	50
2	Damian Schriemer	WTC	8:50	0:30	5:58	6:28	2:23	40
3	Jonathan Kroeker	Tri MB	9:40	0:34	6:26	6:59	2:41	31
4	Carter Osiowy	Tri MB	10:04	0:38	6:21	6:59	3:05	23
5	Liam Seigmiller	Tri MB	13:04	0:35	8:50	9:24	3:40	16

### Female 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Avery Anderson	Tri MB	10:17	0:34	6:14	6:48	3:30	50
2	Grace Takeuchi	Tri MB	13:08	0:45	9:44	10:28	2:40	40

### Female 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kylie Cocks-Loder	Tri MB	8:08	0:32	5:21	5:53	2:16	50
2	Ali Pangman	Tri MB	10:19	0:36	7:15	7:50	2:29	40
3	Rylee Kardal	Tri MB	10:48	0:36	7:41	8:16	2:33	31
4	Hailey Schellenberg	Tri MB	11:37	0:42	7:56	8:38	3:00	23

## *KOS Long Duathlon – 400m Run + 13km Bike + 2km Run*

### Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Benjamin Szwajcer	MTC	38:10	1:30	28:41	30:10	8:00	50
2	Kaiden Kendel	Tri MB	46:08	1:49	33:28	35:16	10:52	40
3	Hunter Schriemer	WTC	48:43	1:50	36:03	37:53	10:51	31
4	Malcolm Seigmiller	Tri MB	1:01:08	1:55	45:07	47:01	14:07	23

### Male 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Carson Cortvriendt	MTC	32:31	1:27	24:13	25:39	6:52	50
2	Unai Apaiz Zenon	Tri MB	32:31	1:24	24:26	25:50	6:42	40
3	Dominyck Fredette	Tri MB	48:01	1:23	36:09	37:32	10:30	31

### Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Emma Malkoske	Tri MB	43:02	1:43	30:21	32:04	10:58	50

### Female 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Caitlyn Roy	MTC	32:56	1:30	23:59	25:29	7:28	50
2	Morgan Ott	MTC	34:39	1:32	25:23	26:55	7:45	40
3	Zoe Penno	Tri MB	38:32	1:31	27:54	29:25	9:08	31
4	Megan Vanheyst	MTC	39:03	1:37	28:17	29:53	9:11	23
5	Annika Niblock	MTC	39:08	1:38	29:15	30:53	8:16	16
6	Trysten Ryz	Tri MB	40:07	1:36	28:42	30:18	9:50	

*Results:*

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at [du.in.the.park@gmail.com](mailto:du.in.the.park@gmail.com)
- Please see **BirdsHillDuathlon.com** for information about the series and series' points totals

## *Thanks to:*

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Tara Gill, Kelly Mahoney, Cherrie Fournier
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet

