



Race Results

RACE #4 – MAY 31, 2016

BirdsHillDuathlon.com / WinnipegTriathlon.com

Weather: Scattered showers, 14km/h E wind, 27km/h wind gusts, Participants: 130

Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bryce Jenkins	Tri MB	37:47	6:51	24:04	30:55	6:53	50
2	Quinn Desrochers	MTC	37:49	6:51	24:22	31:13	6:36	40
3	Christopher Barkwell	Tri MB	43:10	8:00	27:15	35:14	7:56	31
4	Jordan Bowley	Tri MB	45:36	7:51	30:08	37:58	7:38	23
5	Ben Silk	Tri MB	52:54	10:31	32:07	42:38	10:16	16

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Matthew Tessier	Tri MB	37:43	6:09	26:10	32:18	5:25	50
2	Shawn Wickens	Tri MB	42:06	7:36	26:23	33:58	8:08	40
3	Brett Hamilton	Tri MB	44:39	8:02	28:36	36:37	8:02	31
4	Matthew Schaubroeck	Tri MB	48:37	7:28	32:58	40:25	8:12	23
5	Lawrence Correa	Tri MB	54:55	9:17	34:43	44:00	10:56	16

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Marc Fournier	Tribalistic	36:05	6:57	22:02	28:58	7:07	50
2	Grant McMillan	Tri MB	40:01	7:55	24:10	32:04	7:57	40
3	Jason McNicholl	Tri MB	40:26	7:47	24:42	32:28	7:58	31
4	Henry Moesker	Tri MB	41:00	7:55	24:47	32:42	8:18	23
5	Scott Schreimer	WTC	43:23	7:56	26:43	34:38	8:45	16
6	Gary Gervais	Tri MB	43:30	8:12	26:51	35:03	8:28	
7	Dave Vanheyst	Tri MB	45:31	9:18	26:36	35:53	9:38	
8	Marco McDonald	WTC	45:50	7:47	30:13	37:59	7:51	
9	Gord Buhr	Tri MB	46:53	9:05	28:16	37:20	9:33	
10	Radny Geononga	Tri MB	47:35	8:39	30:12	38:51	8:45	
11	Kyle Blaquiere	Tri MB	48:17	10:31	29:41	40:12	8:06	
12	Bill Anderson	Tri MB	50:46	9:14	31:55	41:08	9:38	
13	Kevin Hope	Tri MB	53:28	10:21	32:30	42:51	10:38	
14	Randy Kenning	Tri MB	55:01	10:06	34:12	44:18	10:43	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Richard Rusk	Tri MB	39:41	8:16	22:43	30:58	8:43	50
2	David Fielder	Tri MB	44:16	8:18	27:30	35:47	8:29	40
3	George Barnes	T3	50:30	9:53	30:57	40:50	9:41	31
4	Fern Berard	Tri MB	52:29	10:12	31:32	41:43	10:46	23
5	Ken Silk	Tri MB	55:32	10:17	33:03	43:20	12:12	16
6	Chris Kjeaar	Tri MB	56:46	10:47	35:34	46:20	10:26	
7	Sam Neis	Tri MB	57:26	12:24	33:22	45:45	11:41	

Male 70+ Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bob Groff	Tri MB	51:38	10:40	30:33	41:13	10:25	50

Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Rylee Blaquiere	Tri MB	1:06:25	11:12	44:17	55:29	10:56	50
2	Danielle Rodrigue	Tri MB	DNF	11:14	--	--	--	

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Erin Rafferty	TriFactor	55:48	11:04	32:53	43:57	11:51	50
2	Natasha Wilcox	Tri MB	58:26	10:14	38:09	48:23	10:04	40

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Agnieszka Gigiel	Tribalistic	44:00	9:08	25:56	35:04	8:56	50
2	Joanne Schiewe	Tribalistic	44:01	8:56	25:57	34:52	9:09	40
3	Janette Rodewald	Tri MB	44:37	9:01	26:49	35:49	8:48	31
4	Jenny Hall	Tribalistic	46:20	9:24	27:21	36:45	9:35	23
5	Becky Raddatz	Tri MB	47:51	8:18	31:25	39:43	8:08	16
6	Melanie Youngs	Tri MB	50:04	9:56	30:26	40:21	9:43	
7	Kelly Malcolmson	Tri MB	52:36	10:26	31:23	41:48	10:49	
8	Anne Turner	Tri MB	56:13	10:26	35:43	46:09	10:05	
9	Evelyn Yeung	Tri MB	56:30	12:01	33:07	45:07	11:23	
10	Jen Navasca	Tri MB	1:01:45	10:35	39:27	50:02	11:44	
11	Shannon Dyck	WTC	1:04:57	14:06	36:32	50:38	14:19	
12	Erica Gibson	Tri MB	1:08:18	13:12	42:34	55:45	12:33	

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Christa Rusk	Tri MB	41:00	8:22	24:07	32:28	8:32	50
2	Ayn Wilcox	WTC	46:06	9:12	27:59	37:11	8:55	40
3	Tima Faria	Tri MB	49:46	9:18	31:30	40:48	8:58	31
4	Marie-Claude McDonald	Tri MB	51:13	9:29	32:05	41:34	9:40	23

5	Melissa Gandy	Tri MB	52:04	8:47	34:34	43:20	8:44	16
6	Cherrie Fournier	Tribalistic	52:23	10:18	30:17	40:35	11:48	
7	Kerri Drosdowech	Tri MB	56:18	9:41	36:12	45:53	10:26	
8	Lisa Frick	Tri MB	1:08:12	11:27	45:10	56:37	11:36	

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Debbie Bennett	Tri MB	49:36	9:18	31:07	40:24	9:13	50
2	Debbie Barnes	T3	52:04	11:10	29:57	41:06	10:58	40
3	Shannon Kjeaar	Tri MB	1:08:35	13:14	42:38	55:51	12:45	31
4	Sandi Goertzen	Triple Threat	DNF	12:02	--	--	--	

Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jeff Van Rosmalen	WTC	1:10:06	13:05	44:03	57:07	13:00	50
2	Trevor Pilgrim	T3	1:21:03	15:10	49:12	1:04:21	16:42	40

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Murray Carter	Tri MB	1:12:19	13:49	43:48	57:37	14:43	50
2	David Lillet	Tri MB	1:40:41	19:44	59:55	1:19:39	21:03	40

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jared Spier	Tribalistic	1:10:29	15:24	39:08	54:32	15:58	50
2	Craig Erb	T3	1:14:37	15:16	43:13	58:29	16:08	40
3	Brad Seigmiller	Tri MB	1:16:45	15:25	46:05	1:01:30	15:15	31
4	Ferdinand Del Rosario	Tri MB	1:22:48	17:35	47:45	1:05:20	17:29	23
5	Ryan McBride	Tri MB	1:26:09	18:29	48:37	1:07:06	19:04	16
6	Kevin Wolk	Triple Threat	1:27:55	17:43	51:13	1:08:55	19:01	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Carl Rohringer	Tri MB	1:17:27	17:21	42:47	1:00:08	17:19	50
2	Eric Martinat	WTC	1:22:13	18:22	45:24	1:03:45	18:28	40
3	Robert Duncan	Tri MB	1:22:25	17:14	46:38	1:03:52	18:34	31

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kelby Loeppky	WTC	1:23:58	17:10	49:02	1:06:11	17:47	50
2	Ariane Morissette	Tri MB	1:24:09	17:14	49:02	1:06:15	17:54	40

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Heather McDonell	Triple Threat	1:19:21	16:01	46:52	1:02:52	16:30	50
2	Ruth-Anne Penner	Triple Threat	1:31:23	19:52	50:39	1:10:31	20:52	40

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Robyn Dicesare	WTC	1:28:19	18:13	51:09	1:09:22	18:57	50

KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Male 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Darius Schreimer	WTC	9:38	0:36	6:34	7:09	2:29	50
2	Kristian Finlay	Tri MB	10:14	0:40	6:37	7:16	2:58	40
3	Laondon Kroeker	Tri MB	10:45	0:40	7:49	8:28	2:18	31
4	Mackenzie Aranguiz	Tri MB	16:00	0:35	12:34	13:09	2:51	23

Male 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Morgan Waddell	Tri MB	7:33	0:30	5:17	5:46	1:47	50
2	Damian Schreimer	WTC	8:31	0:34	5:56	6:30	2:02	40
3	Max Vanheyst	Tri MB	8:40	0:36	5:55	6:31	2:10	31
4	Jonathon Kroeker	Tri MB	9:15	0:35	6:28	7:03	2:12	23
5	Adam Frick	Tri MB	10:35	0:41	8:03	8:44	1:51	16
6	Marcus Steinhilber	Tri MB	10:47	0:39	7:54	8:33	2:14	

Female 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Avery Anderson	Tri MB	9:46	0:40	7:21	8:00	1:46	50
2	Amelia Fournier	Tribalistic	10:29	0:42	7:32	8:14	2:16	40
3	Brooke Vachon	Tri MB	10:39	0:40	7:31	8:11	2:29	31
4	Emily Dropko	Tri MB	10:45	0:41	7:33	8:14	2:31	23
5	Cecilia Quintas	Tri MB	10:54	0:39	7:53	8:32	2:22	16
6	Aleah Steinhilber	Tri MB	11:25	0:40	7:53	8:33	2:53	
7	Belicia Acuna	Tri MB	11:50	0:42	8:33	9:14	2:37	
8	Emily Hallas	Tri MB	12:14	0:41	9:06	9:47	2:28	
9	Grace Takeuchi	Tri MB	12:24	0:44	9:35	10:18	2:06	
10	Ella Howard	Tri MB	12:42	0:36	9:19	9:54	2:49	
11	Aubrey Broughen	Tri MB	DNF	0:42	--	--	--	

Female 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Madison Firlotte	MTC	7:49	0:34	5:12	5:45	2:04	50
2	Kylie Cocks-Loder	Tri MB	8:16	0:34	5:37	6:10	2:06	40
3	Maggie Malkoske	Tri MB	9:23	0:32	6:25	6:57	2:27	31
4	Sydney Edbom	Tri MB	9:38	0:37	6:53	7:29	2:09	23
5	Morgan St Laurent	Tri MB	10:19	0:38	7:23	8:00	2:19	16
6	Bethany Carter	Tri MB	10:23	0:37	7:27	8:04	2:20	
7	Mia Tosh	Tri MB	10:25	0:42	7:21	8:02	2:24	
8	Isabel Cwiak	Tri MB	10:37	0:38	7:27	8:05	2:33	

KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Benjamin Szwajcer	MTC	36:58	1:18	27:42	28:59	7:59	50
2	Blake Harris	Tri MB	39:56	1:33	30:27	31:59	7:57	40
3	Tristan Yasinsky	Tri MB	42:37	1:39	30:59	32:38	10:00	31
4	Kaiden Kendel	Tri MB	44:42	1:28	32:10	33:38	11:05	23
5	Nicoles Carter	Tri MB	45:39	1:36	33:23	34:59	10:40	16
6	Malcolm Seigmiller	Tri MB	47:19	1:29	32:57	34:26	12:54	
7	Hunter Schriemer	WTC	47:25	1:38	35:27	37:05	10:21	

Male 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Unai Apraiz Zenon	Tri MB	31:55	1:20	23:59	25:18	6:37	50
2	Carson Cortvriendt	MTC	33:05	1:20	25:03	26:23	6:43	40
3	Jack Healey	MTC	34:12	1:20	25:34	26:53	7:20	31
4	Dominyck Fredette	Tri MB	38:49	1:20	28:26	29:45	9:04	23
5	Aidan Penner	Tri MB	39:37	1:31	29:50	31:20	8:17	16
6	Samuel Blaquiere	Tri MB	43:05	1:32	33:37	35:09	7:57	
7	Brayden Debruyn	Tri MB	43:10	1:30	34:43	36:12	6:58	
8	Easton Swain	Tri MB	50:09	1:32	38:34	40:05	10:04	

Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Emma Malkoske	Tri MB	40:05	1:30	28:46	30:16	9:50	50
2	Naomi Brown	Tri MB	41:29	1:32	31:49	33:20	8:09	40
3	Heidi Zechel	Tri MB	41:52	1:24	31:10	32:34	9:19	31
4	Jade Anderson	Tri MB	49:55	1:30	37:56	39:25	10:31	23

Female 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Morgan Ott	MTC	34:58	1:20	25:32	26:52	8:07	50
2	Zoe Penno	Tri MB	37:22	1:22	26:58	28:19	9:03	40
3	Megan Vanheyst	MTC	38:16	1:22	27:51	29:12	9:04	31
4	Annika Niblock	MTC	38:39	1:24	29:22	30:46	7:54	23

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see **BirdsHillDuathlon.com** for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Tara Gill, Bonnie McKissock, Colleen Kelly-Wardle
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet

