



Race Results

RACE #1 – MAY 9, 2017

BirdsHillDuathlon.com / WinnipegTriathlon.com

Weather: 16°C, Cloudy, 9km/h North Northwest Wind, Participants: 109

Note: We apologize, due to some timing equipment faults, some split times were not captured

Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Noah Wiens	Tri MB	35:57	6:29	22:45	29:14	6:43	50
2	Bryce Jenkins	Tri MB	36:18	6:29	22:21	28:50	7:29	40

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Josh Malenchak	Tri MB	35:20	6:20	22:26	28:45	6:36	50
2	Lucas Roy	Tri MB	37:29	6:25	23:49	30:14	7:15	40
3	Matthew Tessier	Tri MB	37:39	6:25	24:22	30:46	6:53	31

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Anthony Densmore	WTC	42:14	7:54	26:43	34:36	7:38	50
2	Kurtis Laframboise	Tri MB	48:06	9:14	29:34	38:48	9:19	40
3	Steven Hall	Tri MB	48:28	8:44	30:30	39:14	9:14	31

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jason McNicholl	Tri MB	38:01	7:21	23:03	30:24	7:38	50
2	Marco McDonald	Tri MB	43:41	8:08	27:25	35:32	8:10	40
3	Kevin Wolk	Triple Threat	45:05	8:30	27:47	36:17	8:48	31
4	Gary Gervais	Tri MB	46:54	9:00	28:48	37:47	9:07	23
5	Travis Smith	Tri MB	47:22	9:29	28:22	37:51	9:31	16
6	Paul Zechel	Tri MB	47:38	8:50	29:04	37:54	9:45	
7	Scott Schreimer	WTC	48:04	9:15	28:35	37:49	10:15	
8	Kyle Blaquiere	Tri MB	48:13	10:14	29:22	39:36	8:38	
9	Tim Driedger	Tri MB	49:32	9:50	29:14	39:03	10:29	
10	Erid Mendoza	Sulong	51:26	9:31	31:25	40:56	10:31	
11	Kevin Hope	Tri MB	55:42	10:51	32:57	43:47	11:56	
12	Derek Dupont	Tri MB	1:00:09	12:03	35:16	47:19	12:50	
13	Herb Blackwood	Tri MB	1:12:05	13:40	44:46	58:26	13:39	
14	Chris Kozakowski	Tri MB		7:12	27:09	34:21		

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Pascal Gariepy	T3	45:29	8:37	27:51	36:27	9:02	50
2	Darren Reimer	Tri MB	49:00	10:37	27:35	38:11	10:50	40
3	David Peterkin	WTC	54:47	10:40	32:53	43:33	11:15	31
4	Ken Chartrand	Tri MB	58:21	11:53	34:28	46:21	12:00	23

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Neil Ferguson	Tri MB	39:59	7:53				50
2	Al Stewart	Windburn	43:26	8:34	25:54	34:28	8:59	40
3	Joe Heaver	Tri MB	49:18	9:02	30:35	39:36	9:42	31

Male 70+Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bob Groff	Tri MB	54:17	12:09	30:42	42:51	11:26	50
2	Jim Anderson	Tri MB	1:00:35	12:40	35:02	47:42	12:54	40

Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kayla Abbott	Tri MB	1:06:15	12:19	41:06	53:25	12:50	50

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kelby Loeppky	WTC	49:48	9:41	30:05	39:45	10:04	50
3	Geralyn Wichers	Tri MB	53:58	10:49	32:20	43:08	10:51	40

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Agnieszka Gigiel	Tribalistic	44:19	8:50	26:30	35:19	9:01	50
2	Jenny Hall	Tri MB	46:01	9:13	27:19	36:31	9:30	40
3	Aileen Smith	Tri MB	49:04	9:29	29:43	39:12	9:53	31
4	Brani Brydges	Tri MB	53:36	10:43	31:25	42:08	11:29	23

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Brandi Smith	Tri MB	42:55	8:12	26:09	34:21	8:35	50
2	Kristine Driedger	Wpg Tri	48:14	9:49	28:04	37:52	10:23	40
3	Marie-Claude McDonald	Tri MB	50:45	9:56	30:39	40:34	10:11	31
4	Kerri Drosdowech	Tri MB	52:10	9:08	33:19	42:27	9:44	23
5	Cindy Zechel	Tri MB	52:37	10:21	31:44	42:05	10:33	16
6	Patricia Caetano	Tri MB	55:41	11:23	32:00	43:23	12:18	
7	Tracie Goertzen	Tri MB	56:55	10:38	35:29	46:07	10:48	
8	Janelle McLeod	Tri MB	57:53	11:41	34:22	46:02	11:51	

9	Andrea Abbott	Tri MB	1:09:41	12:27	43:18	55:45	13:57
10	Val Hiebert	Tri MB	1:12:04	13:41	44:47	58:27	13:38
11	Laurie Tosh	Tri MB	1:13:05	15:37	40:06	55:42	17:24

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Sandi Goertzen	Triple Threat	52:41	10:41	31:21	42:01	10:41	50
2	Astrid Debruyen	Tri MB	57:00	11:25	34:53	46:18	10:42	40

Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jeff Van Rosmalen	WTC	1:12:07	13:37				50
2	Cameron Krisko	Tri MB	1:20:47	15:46				40

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Lance Tremaine	Tri MB	1:14:33	15:16	42:26	57:42	16:51	50
2	Kristopher Joy	Tri MB	1:17:52	15:09	47:29	1:02:37	15:15	40
3	Troy De Viet	Tri MB	1:27:06	17:53	50:29	1:08:22	18:44	31

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Craig Erb	Tri MB	1:13:58	15:45	42:10	57:54	16:05	50
2	Chris Dixon	Tri MB	1:35:11	18:00	56:31	1:14:31	20:41	40

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	David Gerrard	WTC	1:19:48	16:54	45:52	1:02:45	17:03	50
2	Carl Rohringer	Tri MB	1:23:31	18:40	45:47	1:04:27	19:05	40
3	Marc Hache	Tri MB	1:29:50	19:35	50:29	1:10:03	19:48	31
4	Scott Thomson	Triple Threat	1:30:16	20:44	48:27	1:09:11	21:05	23
5	David Fielder	WTC	1:32:17	14:48	56:34	1:11:22	20:55	16

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Randall Holm	Tri MB	1:33:42	19:46	52:01	1:11:46	21:56	50
2	Patrick McGarry	Tri MB	1:40:10	21:53	56:02	1:17:55	22:15	40

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Ariane Morissette	WTC	1:27:19	18:13	50:09	1:08:22	18:58	50

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Janette Rodewald	Tri MB	1:24:32	18:29				50
2	Paula Anderson	Sulong	1:29:00	18:33	50:53	1:09:26	19:35	40

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Maria Quintas	Sulong	1:38:35	22:19	53:17	1:15:35	23:00	50

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Nancy Goodall	Triple Threat	1:23:35	16:33				50
2	Tracie McDonald	Tribalistic	1:50:34	23:38	1:02:06	1:25:43	24:52	40

KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Male 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jacob Carlson	Tri MB	9:21	0:38	5:54	6:32	2:50	50
2	Darius Schriemer	Tri MB	9:24	0:30	6:20	6:50	2:35	40
3	Yacine Mendoza	Tri MB	9:42	0:38	6:39	7:17	2:25	31
4	Isaiah Wong	Tri MB	10:15	0:38	7:13	7:50	2:26	23
5	Braden Kozakowski	Tri MB	12:40	0:41	9:18	9:58	2:42	16
6	Adrian Moore	Tri MB	20:22	0:40	16:37	17:16	3:06	

Male 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Morgan Waddell	Tri MB	7:57	0:28	5:36	6:03	1:55	50
2	Fayt Paquin	Tri MB	9:55	0:37	7:02	7:39	2:17	40
3	Nolan Kozakowski	Tri MB	10:31	0:43	7:12	7:55	2:36	31
4	Ryland Stepien	Tri MB	10:36	0:39	7:23	8:02	2:34	23
5	Adam Frick	Tri MB	10:48	0:36	8:11	8:46	2:02	16
6	Kaden Prescott	Tri MB	10:50	0:30	7:47	8:16	2:34	
7	Liam Sheffield	Tri MB	13:04	0:42	9:03	9:44	3:20	
8	Joseph Ovid	Tri MB	13:12	0:44	9:27	10:10	3:02	
9	Joshua Sanders	Tri MB	DNF	0:36				

Female 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Katrina Irwin	Tri MB	13:03	0:38	10:06	10:43	2:20	50
2	Senia Mendoza	Tri MB	14:11	0:45	10:27	11:12	2:59	40
3	Mackenzie Jonker	Tri MB	15:07	0:47	9:12	9:58	5:09	31
4	Abigail Witt	Tri MB	15:37	0:50	11:01	11:50	3:47	23

Female 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Sydney Edbom	Tri MB	9:05	0:30	6:19	6:48	2:17	50
2	Ali Pangman	Tri MB	9:55	0:35	6:57	7:31	2:24	40
3	Hailey Schellenberg	Tri MB	10:10	0:40	7:00	7:39	2:31	31
4	Grace Takeuchi	Tri MB	12:14	0:44	8:25	9:08	3:06	23
5	Aubrey Boughen	Tri MB	12:39	0:43	9:07	9:50	2:49	16
6	Shae Rebeck	Tri MB	15:03	0:42	10:55	11:36	3:27	
	Hannah Moesker	Tri MB	8:55	0:31	5:59	6:30	2:25	

**Time unofficial, overage in category*

KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Blake Harris	MTC	33:57	1:37	24:23	26:00	7:57	50
2	Matthew Zechel	MTC	39:36	1:50	28:51	30:41	8:56	40
3	Damian Schreimer	WTC	46:44	1:51	34:10	36:00	10:44	31
4	Hunter Schreimer	WTC	50:14	1:57	36:43	38:39	11:35	23
5	Caleb Moore	Tri MB	1:03:54	2:04	48:42	50:46	13:09	16

Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Madison Firlotte	MTC	40:24	1:46	28:31	30:16	10:09	50
2	Emma Malkoske	Tri MB	40:56	1:47	29:37	31:24	9:33	40
3	Maggie Malkoske	Tri MB	47:14	1:48	35:14	37:01	10:14	31
4	Isabel Cwiak	Tri MB	56:23	2:01	44:45	46:46	9:37	23

Female 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Megan Vanheyst	MTC	36:04	1:36	26:26	28:02	8:03	50
2	Zoe Penno	Tri MB	38:20	1:40	27:38	29:17	9:04	40
3	Heidi Zechel	Tri MB	41:57	1:47	30:13	32:00	9:57	31
4	Annika Niblock	MTC	42:06	1:40	32:11	33:50	8:16	23

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see **BirdsHillDuathlon.com** for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Intrinsic Massage, Tractus Projects, Alan Reiss Re/Max, Vic's Market, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Tara Gill, Kelly Mahoney, Bonnie McKissock, Leo Savoie, Grant Unger, David Markham
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet



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