

**Beat the Cold Winter Triathlon The Forks February 8, 2020**

**2.5K Run-5K Bike-3.75K Run**

| Place | Name               | Gender | Age Group | Age Group | Gender | Time  |
|-------|--------------------|--------|-----------|-----------|--------|-------|
| 1     | Mikhail Gerylo     | M      | M30-34    | 1/6       | 1/38   | 36:05 |
| 2     | Russ Payne         | M      | M30-34    | 2/6       | 2/38   | 38:34 |
| 3     | Marin Kecman       | M      | M30-34    | 3/6       | 3/38   | 39:57 |
| 4     | Richard Deschamps  | M      | M25-29    | 1/9       | 4/38   | 42:00 |
| 5     | Dave Lipchen       | M      | M40-44    | 1/7       | 5/38   | 42:01 |
| 6     | Jordie Moryl       | M      | M25-29    | 2/9       | 6/38   | 42:15 |
| 7     | Tyler Bargaen      | M      | M35-39    | 1/4       | 7/38   | 42:21 |
| 8     | Tristan Sampson    | M      | M25-29    | 3/9       | 8/38   | 43:07 |
| 9     | Jeff Van Rosmalen  | M      | M30-34    | 4/6       | 9/38   | 44:03 |
| 10    | Jordan Grenier     | M      | M25-29    | 4/9       | 10/38  | 44:24 |
| 11    | Steve Newton       | M      | M45-49    | 1/5       | 11/38  | 44:49 |
| 12    | Fernie Conrad      | M      | M45-49    | 2/5       | 12/38  | 45:24 |
| 13    | Tracy Rocke        | F      | F35-39    | 1/4       | 1/26   | 45:49 |
| 14    | Darren Baker       | M      | M40-44    | 2/7       | 13/38  | 46:23 |
| 15    | Richard Buskell    | M      | M35-39    | 2/4       | 14/38  | 46:32 |
| 16    | Bernadine Kostyk   | F      | F35/39    | 2/4       | 2/26   | 46:44 |
| 17    | Sheldon Reynolds   | M      | M65-69    | 1/1       | 15/38  | 46:50 |
| 18    | Jamie Oakley       | F      | F25-29    | 1/5       | 3/26   | 47:26 |
| 19    | Chris Oakley       | F      | F16-19    | 1/2       | 4/26   | 47:26 |
| 20    | Daniel Bezte       | M      | M50-54    | 1/4       | 16/38  | 47:29 |
| 21    | Dan McCaughan      | M      | M45-49    | 3/5       | 17/38  | 48:09 |
| 22    | Ryan Janz          | M      | M35-39    | 3/4       | 18/38  | 48:18 |
| 23    | Laura Thomas       | F      | F30-34    | 1/4       | 5/26   | 48:32 |
| 24    | Carolyn Rempel     | F      | F50-54    | 1/2       | 6/26   | 48:49 |
| 25    | Chris Kramp        | M      | M40-44    | 3/7       | 19/38  | 49:13 |
| 26    | Becky Raddatz      | F      | F40-44    | 1/3       | 7/26   | 49:29 |
| 27    | Marc Poirier       | M      | M50-54    | 2/4       | 20/38  | 50:04 |
| 28    | Alain Ouimet       | M      | M40-44    | 4/7       | 21/38  | 50:20 |
| 29    | Agnieszka Gigiel   | F      | F40-44    | 2/3       | 8/26   | 50:21 |
| 30    | Evelyn Kampen      | F      | F30-34    | 2/4       | 9/26   | 50:22 |
| 31    | Shea Nordheim      | M      | M25-29    | 5/9       | 22/38  | 50:35 |
| 32    | Bill Gamache       | M      | M50-54    | 3/4       | 23/38  | 51:01 |
| 33    | Korde Bakkum       | M      | M30-34    | 5/6       | 24/38  | 51:19 |
| 34    | Taylor Eiffert     | M      | M25-29    | 6/9       | 25/38  | 51:21 |
| 35    | Emilie Ferguson    | F      | F20-24    | 1/2       | 10/26  | 51:54 |
| 36    | Mackenzie Campbell | F      | F25-29    | 2/5       | 11/26  | 51:56 |
| 37    | Dan Stewart        | M      | M30-34    | 5/7       | 26/38  | 52:26 |
| 38    | Adam Richard       | M      | M40-44    | 4/7       | 27/38  | 54:05 |
| 39    | Kevin Wolk         | M      | M50-54    | 4/4       | 28/38  | 54:22 |
| 40    | Wade Baxted        | M      | M45-49    | 4/5       | 29/38  | 54:23 |
| 41    | Stacey Janssen     | F      | F25-29    | 3/5       | 12/26  | 54:27 |
| 42    | Erid Mendoza       | M      | M45-49    | 5/5       | 30/38  | 55:04 |

|    |                    |   |        |     |       |         |
|----|--------------------|---|--------|-----|-------|---------|
| 43 | Eric Buss          | M | M25-29 | 7/9 | 31/38 | 55:15   |
| 44 | Randy McKnight     | M | M55-59 | 1/2 | 32/38 | 55:55   |
| 45 | Lee Stewart        | F | F55-59 | 1/2 | 13/26 | 56:17   |
| 46 | Justin Dueck       | M | M35-39 | 4/4 | 33/38 | 56:19   |
| 47 | Lucile Griffiths   | F | F45-49 | 1/2 | 14/26 | 56:23   |
| 48 | Breanne Routly     | F | F35-39 | 3/4 | 15/26 | 56:24   |
| 49 | Michelle Whetter   | F | F45-49 | 2/2 | 16/26 | 56:39   |
| 50 | David Whetter      | M | M40-44 | 6/7 | 34/38 | 56:39   |
| 51 | Shannon Hargreaves | F | F30-34 | 3/4 | 17/26 | 57:19   |
| 52 | Joanne Keeping     | F | F55-59 | 2/2 | 18/26 | 58:01   |
| 53 | Shane Mcbey        | M | M25-29 | 8/9 | 35/38 | 58:25   |
| 54 | Chris VanderPloeg  | M | M25-29 | 9/9 | 36/38 | 58:25   |
| 55 | Nicole Procyk      | F | F40-44 | 3/3 | 19/26 | 59:10   |
| 56 | David Peterkin     | M | M55-59 | 2/2 | 37/38 | 59:16   |
| 57 | Derek Caners       | M | M40-44 | 7/7 | 38/38 | 1:00:28 |
| 58 | Sandra Park        | F | F25-29 | 4/5 | 20/26 | 1:01:57 |
| 59 | Terri McLeod       | F | F50-54 | 2/2 | 21/26 | 1:01:59 |
| 60 | Jacklyn Desharnais | F | F35-39 | 4/4 | 22/26 | 1:03:16 |
| 61 | Randall Kellow     | F | F30-34 | 4/4 | 23/26 | 1:03:29 |
| 62 | Zoe Berard         | F | F20-24 | 2/2 | 24/26 | 1:04:49 |
| 63 | Alexisse Berard    | F | F16-19 | 2/2 | 25/26 | 1:04:49 |
| 64 | Katryna Roos       | F | F25-29 | 5/5 | 26/26 | 1:06:38 |

### Beat The Cold Team Winter Triathlon Relay

#### 2.5K Run-5K Bike-3.75K Run

| Place | Team Name             | Time    |
|-------|-----------------------|---------|
| 1     | Windburn              | 37:31   |
| 2     | Winnipeg Frontrunners | 40:33   |
| 3     | 3 Guys                | 40:59   |
| 4     | Tri Trio              | 42:44   |
| 5     | The Snowflakes        | 43:37   |
| 6     | Everyone's A Winter   | 45:11   |
| 7     | The Pryces            | 49:41   |
| 8     | Ice of the Tiger      | 50:23   |
| 9     | Jo & Fro              | 50:35   |
| 10    | A Strong Last Place   | 52:04   |
| 11    | Blue Balls            | 52:22   |
| 12    | Licence to Chill      | 56:57   |
| 13    | Frozen Lakers         | 58:04   |
| 14    | Cold AF               | 1:00:07 |