

Hecla Island Triathlon  
 Hecla Island, MB  
 August 9, 2015

Olympic Distance Triathlon  
 1500m Swim-40K Bike-10K Run

Female 18 to 24 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Emily Unger	2:38:30	24:37	0:43	1:18:49	0:33	53:49
2	Kalynn Wood	3:18:15	32:18	1:09	1:32:20	0:55	1:11:35

Female 25 to 29 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Female 30 to 34 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Christine McKinley	2:23:01	22:01	0:46	1:11:49	0:29	47:59
2	Bernadine Cheguis	2:34:06	28:10	1:01	1:13:35	0:32	50:49

Female 35 to 39 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Heather McDonell	2:35:06	30:50	0:47	1:15:06	0:29	47:57
2	Sharla Mawhinney	2:48:33	36:34	1:52	1:18:46	0:54	50:28

Female 40 to 44 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Kristine Wood	2:43:00	29:02	1:21	1:18:52	0:44	53:03

Female 45 to 49 Olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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## olympicageclass

1	Ayn Wilcox	2:50:05	32:07	1:17	1:18:33	1:01	57:10
2	Angie Wittmann	3:45:34	37:03	2:54	1:45:55	1:46	1:17:57
DNF	Cynthia Menzies		31:29				
DSQ	Melissa Budd	2:48:45	35:27	2:22	1:23:49	1:33	45:37

## Female 50 to 54 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Robyn Dicesare	3:00:16	37:34	1:19	1:24:32	0:58	55:55
2	Lee Stewart	3:01:55	34:40	1:43	1:26:18	1:07	58:09
3	Linda Whitfield	3:07:12	40:01	2:04	1:28:43	1:36	54:50
4	Shelley Ganske	3:20:34	33:30	2:32	1:32:28	0:47	1:11:18

## Female 55 to 59 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Kate Okany	2:39:54	26:58	1:06	1:19:15	2:36	50:02

## Female 60 to 64 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Nicole Mercier	3:24:27	34:35	2:57	1:31:29	1:29	1:14:00

## Female 65 to 69 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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## Female 70 and over olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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## Male 18 to 24 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Riley Unger	2:08:23	22:10	0:44	1:06:07	0:18	39:05
2	Alex Mielke	2:29:48	23:48	1:17	1:13:19	0:33	50:54
3	Justin Evenden	2:40:11	27:46	0:47	1:25:47	0:49	45:04
4	Ben Fransoo	2:44:01	31:00	1:06	1:16:08	0:41	55:07

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Male 25 to 29 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 30 to 34 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	Teren Gesel	2:14:19	23:24	0:51	1:06:38	0:31	42:56
2	Chad Willis	2:44:13	31:40	1:19	1:16:39	1:37	53:01

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Male 35 to 39 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	Super Dave Lipchen	2:14:13	23:51	0:30	1:04:42	0:25	44:47
2	Scott Suski	2:42:02	31:38	1:24	1:15:37	0:40	52:44

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Male 40 to 44 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	Patrick Peacock	2:04:10	22:08	0:24	1:02:09	0:33	38:57
2	Juan Pablo Appendino	2:05:24	22:04	0:39	1:02:48	0:44	39:10
3	Justin Rempel	2:15:21	24:45	0:59	1:06:24	0:54	42:21
4	Mark Struck	2:26:26	30:12	1:15	1:07:04	0:45	47:12
5	Kevin Beechinor	2:27:06	26:02	0:52	1:07:18	0:44	52:12
6	Christopher Mellen	2:53:56	31:21	1:36	1:17:42	2:23	1:00:55
7	Stephane Regis	2:55:35	39:24	1:45	1:06:52	1:25	1:06:10

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Male 45 to 49 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	David Ogren	2:50:47	31:15	2:39	1:24:10	1:14	51:31
2	Mike Lees	3:17:02	31:25	1:16	1:23:46	1:25	1:19:12

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Male 50 to 54 olympic

Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	Phillipe Chabot	2:21:49	23:55	0:42	1:07:58	0:40	48:36
2	Eric Martinat	2:41:56	30:29	1:31	1:14:10	1:00	54:49

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3	Edward Willmott	2:43:20	33:23	2:45	1:13:56	1:48	51:31
4	Brad Collignon	3:19:58	41:51	2:11	1:30:07	0:57	1:04:54
5	David Fielder	3:21:07	55:08	4:26	1:19:29	1:50	1:00:17

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Male 55 to 59 Olympic  
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Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 60 to 64 Olympic  
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Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 65 to 69 Olympic  
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Place	Name	Time	Swim	T1split	Bike	T2split	Run
=====	=====	=====	=====	=====	=====	=====	=====
1	John Sawchuk	2:51:51	31:31	3:07	1:21:13	1:05	54:57

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Male 70 and over Olympic  
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Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Hecla Island Triathlon  
 Hecla Island, MB  
 August 9, 2015

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Sprint Distance Triathlon

750m Swim-20K Bike-5K Run

Female 16 to 19 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Hailee Morisseau	1:15:00	12:38	0:58	38:32	0:29	22:25

Female 20 to 24 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Kaitlyn Wiens		13:29	0:36	40:05	0:28	

Female 25 to 29 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Emily Ratzlaff	1:33:32	18:27	2:24	44:16	0:49	27:38
2	Kendelle Fawcett	1:36:38	17:34	2:07	48:53	0:35	27:31
3	Jennifer Dyck	1:51:04	17:19	1:59	49:52	0:52	41:04
4	Karin Love	1:52:57	17:56	2:17	55:12	0:32	37:01
5	Ashlyn Van Den Berghe	1:55:04	19:51	1:57	1:02:56	0:38	29:44

Female 30 to 34 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Ashley Malzahn	1:14:21	13:54	1:06	34:52	0:48	23:42
2	Gillian Robinson	1:19:16	13:14	0:58	39:23	0:48	24:55
3	Tyra Dickson	1:21:36	16:02	0:49	39:04	1:08	24:35
4	Krista Boese	1:29:22	15:08	2:14	43:23	0:31	28:09
5	Laura Cobus	1:34:44	18:46	1:47	42:34	0:43	30:56
6	Kristyn Ball	1:35:04	15:19	1:34	44:39	0:39	32:54

Female 35 to 39 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Kristin Kalyta	1:23:34	16:38	1:30	39:30	1:19	24:39
2	Ruth-Anne Penner	1:26:38	18:32	0:54	37:04	0:42	29:28
3	Shawna Culleton	1:32:57	18:17	1:59	41:59	1:00	29:44
4	Jennifer Onyskie	1:34:18	14:18	1:18	47:10	0:58	30:36
5	Joanne Schiewe	1:39:25	18:09	1:44	45:38	1:42	32:13

Female 40 to 44 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Rhonda Kitchen	1:23:11	15:19	1:09	40:03	0:41	26:01
2	Catherine Nault	1:33:57	17:36	1:57	44:00	0:56	29:30
3	Dawna Atamanchuk	1:42:54	16:28	1:37	49:57	2:09	32:44
4	Nichole Lees	1:44:38	12:11	1:13	44:22	1:10	45:44

Female 45 to 49 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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1	Cherrie Fournier	1:15:52	14:15	0:43	38:04	0:34	22:19
2	Michaela France	1:26:05	14:56	1:36	43:27	0:54	25:14
3	Elaine Ross	1:27:13	17:38	1:24	37:42	0:59	29:32
4	Iris Griffin	1:36:23	18:23	1:40	44:04	1:27	30:51

Female 50 to 54 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Heather Ayers	1:25:48	14:42	1:47	42:09	0:48	26:23
2	Jeannine Julius	1:32:54	17:58	1:32	42:25	1:09	29:52
3	Elizabeth Sweet	1:33:39	18:11	1:26	43:47	1:13	29:04
4	Rodica Dragomir	1:45:00	21:42	3:11	48:47	1:06	30:17
5	Margaret Kubas	1:50:01	18:52	2:13	47:11	1:41	40:06

Female 55 to 59 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Gerry Borus	1:30:45	16:56	0:55	43:17	0:49	28:51
2	Debb Brethauer	1:44:12	21:03	1:21	45:29	1:08	35:13
3	Eileen Pedersen	1:46:15	21:24	2:32	46:41	1:12	34:28

Female 60 to 64 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Female 65 to 69 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Female 70 and Over Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 16 to 19 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Lucas Roy	1:08:37	13:11	0:45	33:28	0:22	20:52
2	Noah Wiens	1:09:46	12:02	0:50	36:33	0:37	19:46
3	Bryce Jenkins	1:10:27	11:39	0:41	35:08	0:24	22:38
4	Luc Fournier	1:12:38	12:54	0:34	35:43	0:26	23:04
5	Jameson Plewes	1:14:58	13:11	0:59	36:30	0:45	23:35
6	William Fransoo	1:34:54	23:01	2:23	41:43	0:40	27:09

Male 20 to 24 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Cameron Krisko	1:18:41	15:11	1:44	39:57	0:24	21:27
2	Tim Coates	1:28:08	16:17	2:29	42:04	0:29	26:51

Male 25 to 29 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Grant Warkentin	1:05:38	12:08	0:42	31:42	0:31	20:38
2	Xander Silver	1:14:23	17:17	1:20	34:33	0:42	20:33

Male 30 to 34 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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1	Craig Bennett	1:24:08	17:44	1:11	39:48	0:41	24:45
2	Jules Van De Velde	1:24:24	13:21	1:34	41:53	0:53	26:45
3	Jr Vasquez	1:25:34	18:29	1:05	40:20	0:49	24:53
4	Steven Love	1:30:03	20:24	2:11	42:05	0:24	25:01
5	Colin Kirby	1:30:49	20:42	1:32	40:56	0:36	27:05
6	Matthew Ratzlaff	1:34:03	18:40	2:13	44:21	0:42	28:09

Male 35 to 39 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Charles Kostyk	1:03:29	12:01	0:29	31:21	0:30	19:10
2	Darren Baldock	1:12:55	13:05	1:21	35:28	0:42	22:21
3	Fraser Cameron	1:15:22	14:25	1:07	35:28	0:44	23:40
4	Patrick Visser	1:21:21	16:52	2:00	37:48	0:52	23:50
5	Martin Enzelberger	1:25:35	16:44	2:12	41:02	0:54	24:44

Male 40 to 44 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Dan McCaughan	1:11:42	14:34	0:44	35:21	0:31	20:35
2	Corrado D'Antonio	1:18:11	15:36	1:02	36:52	0:46	23:56
3	Clint Vandersteen	1:22:21	16:13	1:31	39:39	0:46	24:14
4	Brett Lamoureux	1:29:12	17:22	1:38	42:13	1:40	26:20

Male 45 to 49 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Marc Fournier	1:08:35	11:29	0:33	32:47	0:41	23:07
2	Daniel Bezte	1:13:01	13:25	1:13	34:18	0:43	23:25
3	Quinn Dykstra	1:14:04	15:21	1:05	34:38	0:52	22:10
4	John Andrews	1:24:03	16:10	2:33	38:26	1:01	25:56
5	Randy Fransoo	1:46:39	23:22	3:43	45:16	1:15	33:06
6	Warren Sigfusson	1:58:51	22:13	5:25	46:25	3:09	41:41

Male 50 to 54 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Jeff Brooks	1:15:24	14:13	0:38	34:06	0:37	25:53
2	Dean Morisseau	1:23:44	19:34	1:23	38:09	1:14	23:25

Male 55 to 59 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
1	Neil Ferguson	1:11:58	12:59	0:43	33:58	0:36	23:43
2	James Slade	1:30:27	19:26	3:03	40:44	1:01	26:16
3	Allen Cuthbert	1:37:44	18:49	1:25	44:31	1:15	31:45
4	Mike Dragomir	1:38:16	17:09	2:53	47:49	1:09	29:18

Male 60 to 64 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 65 to 69 Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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Male 70 and over Sprint

Place	Name	Time	Swim	T1split	Bike	T2split	Run
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