

AFTERNOONS/EVENING SESSIONS

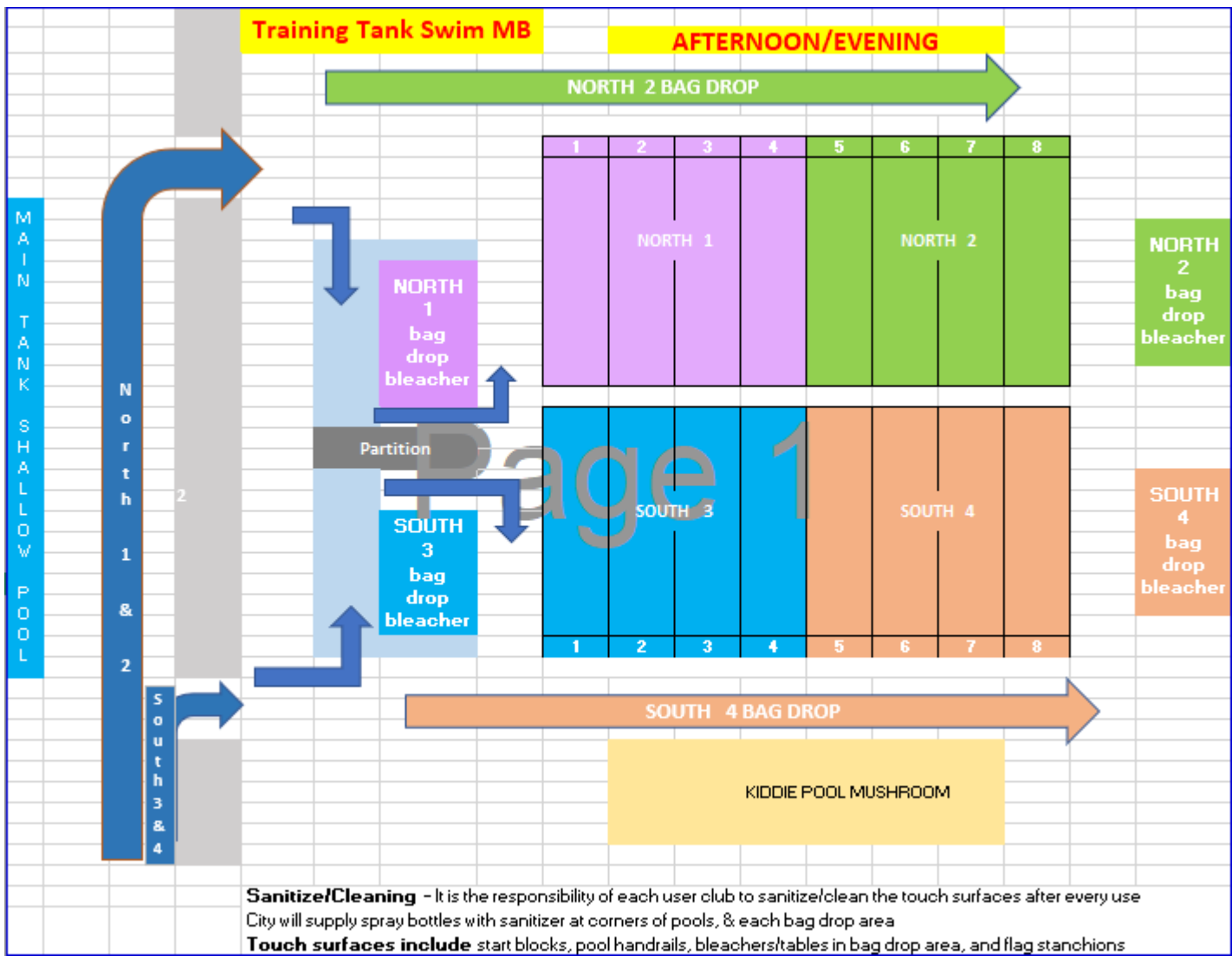
Swimmers & Coaches - enter facility using the regular main entrance and cue with 2m distancing at all times
 Face mask on while in the outdoor cue & inside the facility
 Once inside facility – continue to bag drop area
 It is recommended to arrive ready to train and not use the change rooms unless necessary.

Training Tank is described as 4 quadrants for pool access, bag drop area & TT entry

	TT Entry	Bag Drop Area	North Tank	South Tank
North 1	2	North 1	Access to lanes 1-4	
North 2	2	North 2	Access to lanes 5 -8	
South 3	1	South 3		Access to lanes 1 - 4
South 4	1	South 4		Access to lanes 5 – 8

Change rooms are allowed –no loitering – goal : 15 min max in change rooms
 Exit facility - as usual via change rooms Coaches only via main tank deck

Parents are to drop/pick up in regular drop zones only No viewing – no spectators during this period



Thank you for doing your part to keep our training facility clean, this will help keep everyone in training.